

Bite Size Bible Study

God is REALLY Great #248

By Lee Logue

Psalms 139 is a psalm of David where he speaks of the attributes of God.

*For you fashioned my inmost being,
you knit me together in my mother's womb.
I thank you because **I am awesomely made**,
wonderfully; your works are wonders —
I know this very well.*

*My bones were not hidden from you
when I was being made in secret,
intricately woven in the depths of the earth.*

*God, how I prize your thoughts!
How many of them there are!*

Psalm 139:13-15, 17 CJB

As knowable and grateful as King David was and how beautiful his song is, David only knew a small part of the real story. It has taken some 3000 years to add to this concept of our creation and God's hand in forming our beings. But the story gets even more magnificent and awe inspiring as we learn more about the human body that God creates for each of us.

We are more than skin, bones and muscle. The human body that God creates is much more complex than we have once believed. As much as it grosses some of us out, we are only made of a small portion of human cells, but also of many millions of cells of microorganisms which are living beings in their own right. As a collection they are referred to as a microbiome.

The human microbiome is the collection of all the microorganisms that live in and on the human body. These reside in such places as in the gut, on the skin, and in other tissues and fluids. These microbes are essential for our human health. They play a crucial role in our digestion, immune function, and the production of various vitamins.

The human microbiome is a vast and diverse community of microorganisms, that live with us, with microbes vastly outnumbering human cells. They include bacteria, fungi, viruses, and other microbes.

This microbiome is vital for many of our bodily functions, including digesting foods, regulating our immune systems, protecting us from disease causing bacteria, and producing vitamins like B and K.

Our individual microbiome is unique and constantly changing due to various factors, including our diet, age, genetic makeup, lifestyle, and environmental factors.

If you made it this far in this study, you are probably thinking "this was supposed to be a Bible Study not a science lesson." You are right but I believe that understanding God's creation helps us understand how

awesome and caring He is regarding His creation, and in this case His human children.

God didn't just create us and then go off to heaven and leave us alone to fend for ourselves. He is intimately aware of our immediate condition. Whether we are following His teaching or off on our own doing things that hurt us and/or others.

His design of each individual shows how He is personally involved our being and our actions. {His *hesed* (look it up)}.

When Jesus was baptized, He said, "This is my son, in whom I am well pleased". He probably cannot say that about every one of our actions and decisions, but I think that He doesn't look so much at individual actions but more about how we are progressing toward being like Him in our character.

He made us to be like Himself.

Then God said, "Let us make humankind in our image, in the likeness of ourselves; and let them rule over the fish in the sea, the birds in the air, the animals, and over all the earth, and over every crawling creature that crawls on the earth." Genesis 1:26 CJB

To be like Him is going to take us through some good times and some rough times. Good times give us the opportunity to rest and enjoy those things He has provided for us. The bad times are times of learning and solidifying our character to look like His. We don't often see these times as a profitable time, but they are what makes our character like His, in nature and undivided in purpose.

A tree probably doesn't enjoy being buffeted in the wind. But God designed it to sway in the wind as a natural way to dissipate the wind energy, thus preventing it from snapping. This allows its structure to bend, absorb, and redirect the force of the wind through its branches, trunk, and root system. This strengthens the tree over time by developing "reaction wood" and better anchoring its root system. This flexibility is a key survival mechanism, allowing the tree to adapt to physical stress and build resilience.

I doubt that we enjoy being buffeted by this sinful world. But He has designed us to use those situations to understand that they do not work. We can use those situations both in our own lives and what we see in others to learn what is functional and what is dysfunctional.

When we encounter something that is dysfunctional, we have the opportunity to search for ways to remedy the situation to bring it into functionality. With input from the Holy Spirit, we can seek to help those in these situations to live happier and more productive lives. Not for us to jump in and tell them that they are all wrong but to gently help them to see a better way.

But first we need to see if what we are doing is functional and what is dysfunctional. We need to understand God's teaching and be continually putting it into practice.

God has put so much thought into each of us and designed us to eventually be so much more than we are at this moment. It boggles the mind just how truly smart and loving He is, to make each of us an individual with so much potential and giving us the training we need to complete His desire for us.

**He won't quit or give up on any of us.
We should try not to give up on
ourselves or others,
even through the tough times.**

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